Beth Miller honored with Massey Award

Congratulations to Beth Miller, one of six UNC staff members honored with 2008 C. Knox Massey Distinguished Service Awards. The recognition is one of the most coveted honors bestowed by Carolina.

Chancellor James Moe ser selected the recipients based on nominations submitted by the campus community. In addition to Dr. Miller, the recipients were Gloria Fortune (housekeeper); Charlotte M. Hines (office manager for Student Accounts and University Receivables); Terri C. Houston (director of Recruitment and Multicultural Programs); James Peacock (Kenan Professor of Anthropology and the director of the University Center for International Studies); and William G. York (laboratory/facilities manager for the Department of Biology).

Miller has served Carolina Athletics with loyalty, dedication and integrity for nearly 30 years and now supervises the University's Olympic sports programs. During her years as coach of the volleyball team, she led the Tar Heels to four ACC titles and five post-season appearances. She also served as softball coach for two seasons and was named the department's athletic business manager in 1979. She was promoted to her current position as senior associate athletic director in 1987.

Although Miller retired from coaching in 1983, "She can be spotted in the stands at most home games and, win or lose, is there afterward to offer congratulations or support to the players and coaches," one nominator wrote.

The late C. Knox Massey of Durham created the Massey awards in 1980 to recognize "unusual, meritorious or superior contributions" by University employees.

Play Day Wrap-up

Certainly everyone who spent a lovely Thursday at Finley was a winner, but further congratulations are in order for a select few:

- The softball staff continued what has been a victorious spring, winning the overall title with a net score of 51. Congratulations to Donna Papa, Beverly Smith, Janelle Breneman and honorary staff member Gary Sobba.
- Closest to the hole winners:
  #5 Mark Yaekel  
  #8 Gary Sobba  
  #12 Bill Palladino  
  #14 Aaron York  
- Long Drive:
  #13 Men-Grant Fulton  
  #15 Women-Kay Chase

Graduation Celebration

Fifty-two Carolina student-athletes were honored April 30 at the second-annual Student-Athlete Graduation Reception, held at the Friday Center. The event began last year as an idea by the Student-Athlete Advisory Council and continues to be organized by SAAC members, this year under the leadership of Student-Athlete Development intern Rob Ockenfuss. The ceremony is an outstanding opportunity to recognize and thank our graduating student-athletes.
**Tickets**

**Exciting Basketball Post-Season for the Ticket Office**

With both men’s and women’s basketball teams experiencing great success in the NCAA Tournament, the athletic ticket office had amazing opportunities to contribute to the post-season excitement. While reaching a Final Four is a tremendous celebration, it also includes a great deal of work in the ticket world!

Our entire ticket staff was on hand in San Antonio for the Men’s Final Four. Much of the work as far as taking orders from Rams Club members and athletic department and University administrators is done in the days leading up to our departure. However, upon landing in San Antonio, our staff is responsible for sorting through all tickets in our allotment received from the NCAA; working with the Rams Club in ticket assignments; documenting all assignments in our ticket software; and holding will call hours for our UNC fans.

It was a lot of work in a short amount of time, but it was an absolute thrill to be a part of the Final Four experience.

As the May 2nd football season ticket deadline approached, the ticket office experienced another bump in sales as fans rushed to get in their orders by the deadline. We are pleased with the number of season tickets purchased for this year, and hope it contributes to an exciting fall at Kenan Stadium.

The ticket office is also working on the implementation of an early-bird season ticket promotion for the 2008-09 women’s basketball year. We hope to capitalize on the consistent success of our women’s team, and an exciting home schedule, as well as reward our dedicated fans! Ticket information will be available soon, so stay tuned to www.tarheelblue.com.

Our office is looking forward to the spring NCAA playoffs, and is hoping Carolina athletics will have an opportunity to host as many events as possible. Last year, we were excited to host baseball, men’s and women’s lacrosse, and men’s and women’s tennis. This year we hope to add softball in the mix!

Last, the ticket office is happy to announce the engagement of Jonathan Miller to his longtime girlfriend, Shelley Hoyle. They will wed later this summer and honeymoon in St. Lucia.

**Human Resources**

**Classes Offered for Caregivers**

The Employee Services Department of the Office of Human Resources, in partnership with the N.C. Cooperative Extension, the Orange County Department on Aging and the NC AARP, is pleased to announce a new series of classes for caregivers.

**Powerful Tools for Caregivers** is an educational program designed to provide caregivers with the tools they need to take care of themselves. Among the goals of the class are to reduce stress, improve self-confidence, better communicate your feelings, balance your life, increase your ability to make tough decisions, and locate helpful resources.

The class will be led by Jane Armstrong (NC Cooperative Extension) and those enrolled will receive a copy of The Caregiver Handbook.

Attendees must plan to attend ALL five classes, scheduled for each Monday in June, from 11:30 a.m. until 1:30 p.m. in Saunders Hall, Room 213. The class is free, but space is limited. To register, please e-mail lorri_allison@unc.edu by May 16.

**UNC Family Scholarship**

The UNC-Chapel Hill Family Scholarship committee has announced that Fall 2008 scholarship applications for children of UNC-Chapel Hill employees are now being accepted.

The application deadline is May 15th.

This need-based fund was created by Carolina employees to provide financial support to the children of our full-time colleagues to attend ANY of the 16 UNC campuses as well as any of the accredited community and technical colleges in North Carolina.

Additional information about this program, including how to apply for the scholarship, is available at www.unc.edu/familyfund.

Want to help children of Carolina employees go to college? Check out the website to arrange for a $1 (or more) weekly tax-deductible payroll deduction or a one-time donation.

**Happy Birthday in May to ...**

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**Department News**

- A warm welcome to **Angel Flow**, who is the new afternoon receptionist in football. A native of Mt. Olive, N.C., and 2005 UNC graduate, she worked at the Alumni Association for two years then took time off to travel to Japan before joining the football office staff in March.
- Already a familiar face, **Amanda Cooley** has joined the Business Office as a processing assistant. She recently completed a year-long internship with the Compliance Office.
- A fond farewell to **Sam Petitto**, who has departed after spending the past year in the football office as Director of Player Personnel.
- Graduation congratulations, best wishes and a giant thank you for all your hard work to the 2007-08 interns from UNC’s Sport Administration program: **Lauren Bifulco, Amanda Cooley, Kris Graves, Shelly Green, Ryan Jones, Michael Limmer, Rob Ockenfuss, Megan Smith and Anna Tharrington**.
**Sports Medicine**

**A Look at a Case Study**

The following is a case study of the successful rehabilitation of an injury to one student-athlete during the 2007-08 school year. During the course of the year, the Sports Medicine department works with all 28 varsity teams, plus the cheerleaders and dance team, providing thorough and complete care for all student-athletes. We provide this case study to give department members a better idea of what goes on behind the scenes.

**Spiral Fracture of the Fibula in a 21 Year Old Varsity Wrestler**

**Background:** A 21 year old wrestler reported to the emergency room at UNC hospitals after having fallen from a doorway onto a wet floor at a friend's apartment on 9/4/2007. The athlete stated he landed on his right leg and felt a forceful rotation when he made contact with the floor. The athlete was immediately transported to the hospital where he was diagnosed with a spiral fibular fracture via physical exam and x-ray.

**Physician's Assessment:** The athlete reported to Sports Medicine at Campus Health Services on 9/5/2007 for re-evaluation by Dr. Creighton. The athlete was diagnosed with spiral fracture of the distal third of the right fibula with no involvement of the syndesmosis ligament and scheduled for open reduction and internal fixation of the right fibula on 9/12/2007.

**Intervention:** The athlete received fixation with a plate with 8 surgical screws and was placed in a lower leg cast. The athlete was instructed to maintain non-weight bearing status. The athlete was instructed to check in daily with the wrestling athletic training staff in order to monitor signs of infection, symptoms of deep vein thrombosis, and begin work on hip and knee ranges of motion. The athlete followed up with Dr. Creighton on 9/24/2007 at which point he was instructed to begin the projected 10-12 week rehabilitation process with the wrestling athletic training staff. The athletic training staff began aggressive ankle rehabilitation on 9/25/2007 and the athlete had discontinued use of pain medication and had been placed in a walking boot.

**Weeks 1-2:** The athlete was put into a walking boot by Dr. Creighton and cleared for partial weight bearing throughout the day. The athlete was also cleared to remove the boot while seated at home and during rehabilitation sessions with the sports medicine staff. Gait training was implemented as well as scar mobilizations to promote normal joint movement. The athlete progressed resistance of his existing hip and knee exercises while including towel crunches, marble pick ups, and towel stretches to promote ankle range of motion. Grade 1 and 2 plantarflexion and dorsiflexion joint mobilizations were also integrated at this point.

**Weeks 2-3:** The athlete began strengthening exercises including 4 way theraband exercises, heel raises and toe raises. The athlete also discontinued open kinetic chain exercises for hip and knee strength and replaced them with mini-squats, various theraband walking patterns, and stationary bike workouts.

**Weeks 3-5:** The athlete was cleared for full weight bearing without his walking boot due to complete bone healing. At this time, resistance exercises were progressed and functional rehabilitation was integrated during practice. This included squats while wearing a weight vest as well as light wrestling drills on a practice dummy. Joint mobilizations were progressed to grade 3 and Mulligan dorsiflexion and plantarflexion mobilizations were integrated daily.

**Weeks 5-6:** At this point, the athlete presented with full range of motion and strength. Cardiovascular activities were progressively added including high level bike workouts as well as aquatic resistance workouts. Manual resistance exercises were added including lower extremity PNF patterns.

**Weeks 6-8:** The athlete continued his exercise program daily but was allowed to integrate jogging and light practice activities as tolerated. Activities included hand-fighting with coaches and drill shooting on teammates on the side at practice. On 11/5/2007, the athlete was cleared for full return by Dr. Creighton and practiced on 11/6/2007 with no complaint. Rehabilitation sessions were discontinued and replaced with practice activity and team conditioning.

**Uniqueness:** Due to successful surgical repair and aggressive rehabilitation, the athlete returned to full activity on 11/5/2007 and made his debut at the ACC/Big Ten Clash on 11/17/2007. This marked an 8 week period from surgical fixation to return to activity which was at least 2 weeks less than the projected 10-12 week rehabilitation protocol. The athlete completed a successful season with no complaints following the injury and wrestled to an overall record of 17-13.

**Academics**

**Six Teams Honored For APR Success**

Six Tar Heels squads recently received public recognition awards from the NCAA for their latest multi-year Academic Progress Rate scores. Honored were the baseball, men’s basketball, women’s fencing, women’s golf, women’s swimming and diving and volleyball teams. These teams posted multi-year APR scores in the top 10 percent of all squads in their respective sports. The public recognition awards are part of the broad Division I academic reform effort.

Carolina had the third-highest number of teams recognized among the 12 Atlantic Coast Conference schools. Duke led with 12, Boston College was second with 10 and UNC third with six. Virginia and Wake Forest both had three teams recognized, Florida State had two and Georgia Tech had one.

The APR provides a real-time look at a team's academic success each semester by tracking the academic progress of each student-athlete. The APR includes eligibility, retention, and graduation in the calculation and provides a clear picture of the academic culture in each sport. High-performing teams receiving awards posted APR scores ranging from 965 to a perfect 1,000, said NCAA President Myles Brand. A total of 712 Division I sports teams received the award, representing 11.4 percent of the approximately 6,272 Division I teams. The list includes 401 women's teams and 311 men's or mixed squads. A total of 192 institutions, out of 329 Division I colleges and universities, placed at least one team on the top APR list.

*Please send newsletter comments, suggestions, corrections or submissions for future issues to Dana Gelin at dgelin@unc.edu or 962-0083*
Chris Allen  
**Director of Video and Computer Operations for Football**

Born and raised: Youngsville, NC  
Education: BA in Comm Studies and Psychology at UNC in 1998  
Family: Parents Harold and Connie, sister Jennifer and little niece Emily who just turned 4.  

Athletics background: My athletic skills were not good enough for college, but I still love to play basketball, tennis and occasionally run.  

Before UNC: I’ve been at Carolina since my parents first dropped me off and left me in 1994.  

Job description: Run the video department which consists of filming, creating highlights, and organizing video from meetings. Computer technical support for Kenan Football Center. Fix anything that involves technology that breaks.  

Prior jobs at UNC? I worked at UNC Student Stores during college in the computer department.  

What is something about your job that people would be surprised to know? I may have the only office that has a pull out couch.  

What’s the best thing about your job? Not one day has gone by where I looked at the clock and said, “Is it time to go home yet?”  

Favorite pastimes: I play this game called Rockband way too much, but it’s addictive.  

Favorite local restaurant: Acme (but I love the cheese fries at Linda’s)  

Favorite TV show: Battlestar Galactica  

Last movie you saw and grade you’d give it: The Diving Bell and the Butterfly, A+  

A fun fact about you: It’s very strange, but I love chickens! (Thus the office full of chicken paraphernalia.)  

And your nickname/email address Shicken? When I was young, my family raised chickens for eggs. They are such silly creatures and I would mimic them and tell lots of chicken jokes at school. Over time, my friends called me “Chickenboy”, which I didn’t like, but eventually it involved into “Shicken” when some mispronounced “chicken”. It’s strange, but it makes me smile!  

Biggest pet peeve: When people forget their passwords. (You know who you are!)  

Dream job: I came into Carolina as an astrophysics major and wanted to be an astronaut. I guess I didn’t have the right stuff.  

Greatest athletic achievement: It was a long time ago, but turning a double play in Little League that put our team in the state championship playoffs.  

What would you do with a completely free day? Spend the entire day going to places, stores, restaurants that I have never been to before.  

If you could have dinner with anyone, who would it be and why? Steven Spielberg, he’s one of the greatest producers/directors in film history. I think it would be an interesting conversation.  

What’s a little-known talent that you have? I play the piano  


Larry King  
**Grounds Tech for Outdoor Facilities**

Born and Raised: Born in Queens, New York, but raised in the sweet town of Mebane, NC  

Education: Graduated from Southern Alamance in Graham, NC  

Family: A beautiful wife, 4 children, 2 stepchildren, 2 grandsons and 1 granddaughter  

Athletics background: Played basketball and ran track in high school and was the drum major for 3 years  

Job description: Maintenance on all outdoor sports fields and work all sporting events  

What’s something about your job that people would be surprised to know? I LOVE IT!!!  

What’s the best thing about your job? Interacting with different people that I come in contact with on a daily basis  

Favorite pastimes: Spending time with my family  

Favorite local restaurant: 411 West  

Favorite book: The Holy Bible and Sports Illustrated  

Favorite TV shows: ESPN Sports, The Food Network Channel and can’t leave out the old Westerns!  

Last movie you saw and grade you’d give it: Not the last movie I saw, but one of my favorites is “The Five Heartbeats.” I’ll give it five stars!  

A fun fact about you: I was passed over for the lead role on “LARRY KING LIVE”  

Biggest pet peeve: Not being late for church  

Dream job: To have my own fishing show like Bill Dance or Virgil Ward  

What would you do with a completely free day? Take my wife on a picnic in the park.  

If you could have dinner with anyone, who would it be and why? Coach Dean Smith, because it would be an honor to dine with a living legend.  

What’s a little-known talent that you have? I’m a grill master!  

What would you do with your dream vacation? A trip to Hawaii  

If you won the lottery, what’s the first thing you’d buy? EXXON! And all my family, friends and co-workers would have gas cards in their stockings come Christmas!  

Allen, continued  

and write my own music.  

What would you do with your dream vacation? I’ve always wanted to go the Australia and jump around with the kangaroos.  

If you won the lottery, what’s the first thing you’d buy? I would put a jumbotron in my backyard!
**Honor Roll**

**All-Sports Banquet**

UNC Athletics celebrated the accomplishments of its student-athletes during the 2007-08 school year on April 21 at the annual All-Sports Banquet, held at the Smith Center. While the teams' athletic performances were acknowledged, the focus was on academic and community service recognition.

"This evening gives us the opportunity to recognize and celebrate all that our student-athletes do outside of athletics," said UNC Director of Athletics Dick Baddour. "I'm always inspired hearing about their academic achievements and the contributions that they've made to our community. They make our department and the University proud."

The program began with dinner and an outstanding video presentation of athletic highlights from the year. Following remarks by Bekah Brinkley, a senior volleyball player from Asheville who serves as Student-Athlete Advisory Council president, administrators announced the winners of department and ACC awards for 2007-08.

Seniors Barden Berry and Tyra Johnson were honored as recipients of the Mildred McCaskill Award, which is presented to one male and one female who demonstrate excellence in athletics, scholarship and community service. Berry, a member of the men's golf team, is a psychology major from Kinston, N.C. Johnson, a member of the women's track and field team, is a sociology major from Henderson, N.C.

Berry and Alison McGinnis were honored with the ACC Senior Scholar Award, which goes to one male and one female from each conference school who demonstrate excellence in academics and athletics. McGinnis, a member of the women's track and field team, is an exercise and sport science major from Arlington Heights, Ill.

Rob Wooten, a senior on the baseball team, received the John Lotz Award. The award goes to a student-athlete who succeeds under adverse circumstances, overcoming difficulties while maintaining a positive attitude. Wooten is an exercise and sport science major from Fremont, N.C.

Six student-athletes received the ACC Top Six for Service Award, which is presented to athletes at each conference school who have demonstrated dedication and commitment to community service and outreach programs. Tar Heels honored were Christie Clark (volleyball), Laura Filip (women's swimming and diving), Mike Munnelly (men's lacrosse), Brianna O'Donnell (field hockey), Kennedy Tinsley (football) and Kelly Woodruff (women's swimming and diving).

The winners of several previously-announced awards and honors were recognized at the banquet. Filip was the recipient of the Tatum Award, an University honor presented to a student-athlete who has performed with distinction in his or her sport and who has contributed to the campus through participation in outreach activities.

Four student-athletes were recognized as the winners of conference honors. Ariel Harris (women's soccer), Tyra Johnson (women's track and field) and Heather Kendell (field hockey) were recipients of 2007-08 ACC Weaver-James-Corrigan Postgraduate Scholarships, while Rachel Dawson (field hockey) received an ACC Weaver-James-Corrigan Honorary Award.

Three student-athletes were tapped for Phi Beta Kappa honorary society during the 2007-08 school year. They are Berry, Kendell and J.J. Raynor from the women's fencing team.

**Tar Heels, Blue Devils Team For Vietnam Trip**

Student-athletes from North Carolina and Duke will team up this summer for a program intended to inspire young people around the world and prepare them for higher education. With 10 participants from each campus, Coach for College will launch with a pilot program in July in Vietnam.

The Tar Heels and Blue Devils will work alongside host-country college students who are majoring in physical education. Together they will conduct sports clinics for middle school children ages 11-15 over two three-week camps, using a multi-function "all-sports court" built on the grounds of the partner middle school before the program begins.

Lessons learned in the sports clinics will be reinforced through educational programs that focus on the application of sport to science, entrepreneurship and English. The goal is to increase the ability of youngsters to apply theoretical concepts to real-world situations and to help them develop some of the academic, life and other skills needed to successfully attend a college or university.

The UNC student-athletes participating are senior Bekah Brinkley (volleyball), sophomore Andi Drabot (rowing), junior Carly Dressler (rowing), senior Colleen Farley (women's track and field), senior Shawna Kelly (gymnastics), junior Daniel Llamas (wrestling), senior Colette Lowe (women's golf), junior Lauren Prussing (volleyball), junior Austin Smith (women's tennis) and junior Jessica Wacker (women's fencing).

The concept of Coach for College was developed by Parker Goyer, a 2007 Duke graduate and former member of the Blue Devil women's tennis team. Goyer proposed the project this year as part of a fellowship with the Robertson Scholars Program, an undergraduate merit scholarship and leadership development program for students at Duke and UNC.

Goyer expects to work with Vietnam’s Can Tho University and Ho Chi Minh City University of Education to pilot the program this summer at the Hoa An Secondary School in the Hau Giang province in preparation for programs there and in Ben Tre province in the summer of 2009.

Look for more about the program on TarHeelBlue.com this summer.