Two Proposals to Be Reconsidered

The override period for NCAA legislation ended on June 27, 2011, and two recently adopted proposals received enough override votes to be reconsidered.

Proposal No. 2009-100-A prohibits institutions from hosting, sponsoring, or conducting nonscholastic basketball practice or competition in which prospects participate at any institutional facility. Although this proposal received 38 override votes, this legislation will remain in effect until further action is taken.

Proposal No. 2010-30 would have permitted coaches in sports other than football to place telephone calls to prospects once per month on or after June 15th of their sophomore year in high school through July 31 of their junior year. Beginning August 1 prior to their senior year, coaches could call prospects twice a week. Additionally, for sports that have a defined recruiting calendar, there would be no limits on phone calls placed to prospects during any contact period after August 1 of the prospect’s senior year. Since this proposal received over 100 override votes, it is suspended immediately and the current legislation will remain in place until further action is taken. The current limits on phone calls allow one call per week to prospects beginning July 1 following the completion of their junior year in high school.

Carolina Sixth in Learfield Sports Directors’ Cup

UNC finished sixth nationally in the 2010-11 Learfield Sports Directors’ Cup, the NACDA-sponsored competition that is based on team finishes in NCAA post-season play in men’s and women’s sports. The sixth-place finish is the Tar Heels’ third consecutive Top 10 finish and the ninth in the last 10 years.

Stanford won the Division I trophy for the 17th consecutive year as the Cardinal compiled 1550.25 points. Ohio State (1277.05) finished second and was followed by California (1219.50) in third, Florida (1212.25) in fourth, Duke (1171.50) in fifth and Carolina (1160.75) in sixth. Virginia, Texas A&M, Florida State and Oklahoma round out the Top 10.

The Tar Heels earned nine Top 10 national finishes during the 2010-11 season, led by a second-place national championship game appearance by field hockey, third-place finishes by men’s soccer and women’s lacrosse and fifth-place finishes by men’s basketball, women’s tennis and baseball. The women’s golf team placed eighth and women’s soccer, women’s basketball and men’s lacrosse were ninth.

Women’s cross country and men’s swimming and diving were 14th, volleyball and men’s tennis were 17th, fencing was 19th, women’s swimming and diving was 23rd and football was 26th.

Carolina has averaged a sixth-place finish over the 18-year history of the competition. The sixth-place finish this season is UNC’s 15th Top 10 finish - only Stanford (18 times in the Top 10), Florida (18) and UCLA (16) have as many Top 10s as the Tar Heels. The rest of the ACC has a combined 11 Top 10 finishes, led by the Blue Devils, who posted their fifth one this year.

The Atlantic Coast Conference was the only conference to have four schools in the Top 10 and tied the Pac-10 as the only league with five members in the Top 20. This is the second straight year that Carolina, Duke, Florida State and Virginia all finished in the Top 10.

Other ACC finishes included Maryland (17th), Virginia Tech (45th), Clemson (47th), Miami (51st), Georgia Tech (59th), Boston College (64th), NC State (67th) and Wake Forest (74th).

Carolina won the competition in its inaugural season in 1994 (the award was then known as the Sears Cup).

UNC’s 18-year average: 6th
Top 10 finishes: 15 times
Highest finish in ACC: 14 times

Over the past 18 years, UNC has averaged a sixth-place finish in the final standings.
The Tar Heels have finished in the top 10 a total of 15 times.
Carolina has registered the highest finish of any ACC school on 14 occasions.

June in Omaha, Again

Congratulations to the Carolina baseball team, which closed out its season in Nebraska for the fifth time in the past six seasons and reached the College World Series for the ninth time. The Tar Heels finished the year 51-16, wrapping up the competition year for UNC athletics.

Thanks to all of the student-athletes, coaches and staff for their hard work in 2010-11 and for representing UNC so well. The fall sports will be kicking off 2011-12 before we know it!
New Tar Heels

• Congratulations to Andre’ Williams (Football) and wife Shayla, who welcomed daughter Waverly Regan Williams on June 10. Waverly checked in at 6 pounds, 12 ounces.

• Congratulations to Robert Costa (Finley Golf Course) and wife Lara, who welcomed son Christopher George Costa on June 26. Christopher is the Costas first child and he weighed in at 8 lbs., 3 oz.

Best wishes to the Williams and Costa families!

Wedding Bells

Congratulations to Steve Gisselman (Strength & Conditioning), who married Angela Spontelli on July 2 in Solon, Ohio.

Steve is in his 12th year at UNC, his eighth as Assistant Director of Strength and Conditioning. Angela, a graduate of Miami University of Ohio, earned her Doctor of Physical Therapy degree from Duke in May.

The two were engaged June 26, 2010, in Utah, on a mountain biking trip. (Hardly shocking for Steve.)

All the best to Steve and Ang!

Warm Welcome

Andrew Sapp, a 1993 UNC graduate and former Tar Heel assistant coach, has returned to Chapel Hill as the eight men’s golf coach in school history.

Sapp spent the past nine years as the head men’s golf coach at Michigan. The Wolverines won this year’s NCAA Central-Indiana Regional and tied for 10th place at the NCAA Championships. That marked Michigan’s fourth straight trip to the NCAA Regionals and second trip to the NCAA Championships.

“Andrew has done an outstanding job for nine years at Michigan, building a program that has finished in the Top 10 at the NCAA Championships twice in the past three years,” UNC Director of Athletics Dick Baddour said. “His teams have excelled on the course and in the classroom and his peers in the coaching community have tremendous respect for him. I’m excited about the future of Carolina golf and look forward to watching Andrew lead our men’s program.”

Sapp began his coaching career at Carolina as he was the assistant men’s golf coach to then head coach Devon Brouse for five years from 1993-94 through 1997-98. He assisted in all areas of the UNC program including teaching, practicing, scheduling and recruiting. He was a golf instructor and served as the camp coordinator for the Coaches of North Carolina Golf School.

In the summer of 1998, Sapp followed Tar Heel head coach Brouse to Purdue where Sapp was the associate head coach of both the men’s and women’s teams for four years, 1998-99 through 2001-02. During his tenure at Purdue, Sapp was responsible for recruiting and instruction of both programs while assisting in organizing team practices, scheduling and team travel. He also helped with budgeting and fundraising for both teams.

Sapp earned a bachelor’s degree in business administration while playing on the Tar Heel golf team for three years, 1991-93. He earned his master’s degree in sports administration in 1996 and conducted his master’s research in the area of academic enhancement for student-athletes.

A native of Raleigh, he and his wife, Laura, have one son, Connor.

Sapp is replacing John Inman who stepped down as head coach last month after holding that position for 13 years. Inman took over the helm in the summer of 1998 when Brouse left for Purdue.

Welcome back, Andrew!

And a Fond Farewell

After spending more than seven years at UNC, Jen Ketterly took over on Monday as the Director of Sports Nutrition at the University of Georgia. Jen would like to thank all of the coaches, staff, athletes and administrators that believed in and supported the development of the sports nutrition program over the years. She also sends a special thanks and appreciation to the wonderful sports medicine and campus health staffs.

All the best, Jen!
Jeff Shepherd
• Assistant Director of Sports Marketing

Born and raised: I was born in Christiana, Delaware, though my family was living in Kennett Square, Pa., where I lived for 8 years. After that we moved to the RDU area where I have been ever since.

Education: Bachelor’s degree in Economics from the University of North Carolina (’08)

Family: Parents, Nancy & Francis; big brothers, Keith and Mark

Athletic background: I’ve tried playing just about every sport there is and the only ones that have stuck are tennis and golf, though I’ll still find any excuse possible to exercise indoors or out.

Before your current position: Miscellaneous marketing and public relations internships during undergrad, along with 2.5 years spent as the Sports Marketing Assistant here at UNC.

Years in current position: 5

Job description: I am in charge of marketing volleyball, field hockey, gymnastics, softball and men’s and women’s tennis. I recently won the election, unopposed, for Mayor of Tar Heel Town. I am also in charge of www.facebook.com/TarHeels. (Become a fan!)

What’s something about your job that other people would be surprised to know? You would be surprised to know how many boxes of promo items you can fit in a Honda Civic.

What’s the best thing about your job? My job requires me to be involved with the greatest sports programs in the country!

Favorite pastimes: Skiing, running, swimming, tennis and golf. When I have too little energy for those, I like cooking and watching movies.

Favorite restaurant: Kanki or Little Tokyo.

Favorite book: I Am America (And So Can You!) by Stephen Colbert

Favorite TV show: Entourage or Game of Thrones

Last movie you saw and grade you’d give it: Pirates of the Caribbean 4, “B”. It’s nothing spectacular but you can’t complain about Johnny Depp.

Pet peeve: When someone turns right from the left lane when making the turn onto Manning Drive from Skipper Bowles.

Dream job: Professional skier.

Greatest athletic achievement: I made an eagle on hole # 3 at Finley Golf Course.

What would you do with a completely free day? Wake up late, eat a nice breakfast and go play some golf!

If you could have dinner with anyone, who would it be and why? Will Ferrell, I’d hope that some of his funny would rub off on me.

What’s a little-known talent that you have? I have been known to sing a little Bing Crosby around Christmas time.

What would be your dream vacation? I would love to go heliskiing in British Columbia.

If you won the lottery, what’s the first thing you’d buy? An Audi R8.

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New Mileage Rate

Effective July 1, 2011, the Internal Revenue Service (IRS) has increased the business standard mileage rate from 51 cents per mile to 55.5 cents per mile to reflect generally higher transportation costs compared to the prior year. Pursuant to state statute, the Office of State Budget and Management changed the allowable rate of reimbursement for travel on official business by state employees to be equal to the IRS rate.

In processing travel reimbursement forms for trips that begin on or after July 1, 2011, the allowable rate is 55.5 cents. For trips that began before July 1, 2011, the rate is 51 cents.

University travelers are obligated to use a State vehicle (if available) when the round trip exceeds 100 miles. The reimbursement rate is 30 cents per mile when an individual uses a personal car when a state car is available.

The dealer car rate will remain 25 cents per mile.

If you have questions, please contact Josh Boone at jboone@unca.unc.edu.

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Athletic Business Office

Health Insurance Information

Sports medicine would like to thank our coaches for their assistance in collecting health insurance information from their student-athletes. Please remember that if you are receiving these forms back from parents/student-athletes that they need to go to sports medicine as soon as possible.

They should be sent via campus mail to CB #7470, Attn: Stacie Austin. This information is imperative for sports medicine to provide quick and efficient medical coverage to all of our student-athletes. If you have any questions please contact your staff athletic trainer directly.

Please direct newsletter comments, suggestions, corrections and/or submissions for future issues to Dana Gelin at dgelin@unca.unc.edu or 962-0083
**State Health Plan Enrollment**

Enrollment Dates: July 18-29, 2011  

Health benefits for teachers and state employees are determined by the North Carolina General Assembly. In its most recent session, the General Assembly passed legislation making changes to premiums, copays and deductibles for the State Health Plan. Due to these changes, which go into effect Sept. 1, the State Health Plan must conduct a follow-up enrollment, which will take place July 18-29.

During this period, members will have the opportunity to change their plan elections and add eligible dependents. For a comparison of the changes in copays and deductibles, see [http://shpnc.org/pdf/follow-up-enrollment/plan-comparison.pdf](http://shpnc.org/pdf/follow-up-enrollment/plan-comparison.pdf).

Along with these other changes, the Comprehensive Wellness Initiative (CWI) has been eliminated. Therefore, effective Sept. 1, the tobacco cessation and weight management components will no longer determine the plan in which members may enroll. If members previously elected to enroll in the 70/30 Basic plan due to CWI, they can now enroll in the 80/20 Standard plan.

* Members who wish to remain in the plan that they enrolled in during the enrollment period that ended June 8 will not need to do anything during the follow-up enrollment period.*

For the first time, employees who wish to enroll in the 80/20 Standard plan will be required to pay a premium for employee-only coverage. However, the 70/30 Basic plan still requires no premiums for employee-only coverage. In addition, dependent premiums will increase 5.3 percent for the 2011/12 benefit plan year, which begins Sept. 1. The rates can be found at [http://shpnc.org/pdf/follow-up-enrollment/active-retiree-rates.pdf](http://shpnc.org/pdf/follow-up-enrollment/active-retiree-rates.pdf).

Members will receive new identification cards by July 1 to reflect benefit changes selected during last month’s annual enrollment. Members will also receive new identification cards by Sept. 1 reflecting any changes made during the follow-up enrollment.

Benefits Services will provide additional enrollment information and instructions in the near future. The State Health Plan will mail additional information regarding this enrollment period directly to your home address.

If you have questions, contact Benefits Services in the Office of Human Resources at 962-3071.

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**More Perks of Working Here!**

A wide range of local and national businesses offer discounts to UNC employees. Some of these you may know about, but there are probably some you don’t. Here are a few highlights. For a complete list, go to hr.unc.edu/benefits:

### Food & Restaurants

- **Firehouse Subs**  
  Receive a 10% discount off your entire bill. You must present a valid UNC One Card.
  
  (603 Meadowmont Village Circle, Chapel Hill, NC 27517)

- **Maggiano’s Little Italy**  
  Receive a 10% discount on our chef-prepared, made-from-scratch food. Available Monday-Thursday, in the dining room only and cannot be combined with other discounts. You must present a valid UNC One Card. To make your reservation now, visit www.maggianos.com.
  
  (8030 Renaissance Parkway, Suite 890, Durham, NC 27713)

- **Saffron Indian Foods INC dba Saffron of Chapel Hill**  
  Receive a 15% discount off your entire bill. You must present a valid UNC One Card at the time of purchase.
  
  (3140 Environ Way, Chapel Hill, NC 27517)

- **The Grille at Four Corners**  
  Receive a 15% discount on total check excluding alcoholic beverages. Offer not valid on Home Game Days or with any other special. You must present a valid UNC One Card at the time of purchase.
  
  (175 E Franklin St., Chapel Hill, NC 27517)

### Health & Beauty

- **Aveda Institute Chapel Hill**  
  Receive 20% off all Salon and Spa Services every day, as well as a $25 gift certificate for Salon and Spa Services when you purchase a $100 gift certificate. Valid UNC OneCard must be presented at time of purchase.
  
  (200 W Franklin St., Chapel Hill, NC 27516)

- **Destinee Salon and Spa**  
  Receive a 20% discount on first service and a 10% discount on continuing services. Offer cannot be combined with other discounts or packages. Mention UNC employee discount when booking and must present valid UNC OneCard at time of purchase.
  
  (6118 Farrington Rd., Chapel Hill, NC 27517)

### Travel

- **FastPark & Relax**  
  Receive remote airport parking at a discounted rate of $3.64 per day. Amenities include covered parking, shuttle service from lot to terminals, free newspaper, free bottled water and a free car wash. Discount may be obtained online (click the FastPark & Relax link provided above) when you sign up for your free membership, using promotional code: 0935207.
  
  (8820 Fast Park Drive, Raleigh, NC 27617)

- **Great Wolf Lodge**  
  Receive 20% off our best available room rates and 15% off services in the spa. Reservations may be made online or call 1-800-905-9653, using corporate code: UNCC275A to obtain offer. Offer valid only at Williamsburg, VA and Charlotte/Concord, NC locations through 12/31/11. Valid UNC One Card must be presented upon check-in. Other restrictions may apply.
Department News

All-ACC Academic Teams Include 78 Tar Heels

Congratulations to all of the student-athletes who were honored as part of All-Atlantic Coast Conference Academic Teams during the 2010-11 school year.

Three Tar Heels were honored as ACC Scholar-Athlete of the Year for their respective sports. Those recognized were:

- Kirk Urso (Men’s Soccer)
- Tyler Harris (Men’s Swimming & Diving)
- Tyler Zeller (Men’s Basketball)

**Named to All-ACC Academic teams for 2010-11 were:**

**Baseball:** Brian Holberton, Shane Taylor

**Men’s Basketball:** Tyler Zeller

**Women’s Basketball:** Laura Broomfield

**Men’s Cross Country:** Adam Cunningham, Evan Watchemino

**Women’s Cross Country:** Caroline Kirby, Mariana Lucena, Ashley Verplank

**Field Hockey:** Teryn Brill, Elizabeth Drzdowski, Taryn Gjurich, Jackie Kintzer, Marta Malmberg

**Football:** Curtis Byrd, James Hurst, Mike Ingersoll, Zack Pianalto

**Men’s Golf:** Henry Zaytoun III

**Women’s Golf:** Allie White

**Men’s Lacrosse:** Michael Burns, Ryan Flanagan, Chris Hunt, Frankie Kelly, Chris Madalon, Kieran McDonald, Kevin Piegare, Mark Staines

**Women’s Lacrosse:** Taylor Chumney, Margaret Corzel, Corey Donohoe, Abbey Friend, Laura Zimmerman

**Rowing:** Kelsey Grich, Brittany Walsh, Claire Wardius

**Men’s Soccer:** Kirk Urso, Scott Goodwin, Martin Murphy, Josh Rice

**Women’s Soccer:** Ali Hawkins, Ranee Premji, Kealia Ohai

**Softball:** Brittany McKinney, Kelli Wheeler, Sara Buchholz

**Men’s Swimming:** Colin Bridier, Robert Grimmett-Norris, Tyler Harris, Ryland Jones, J.T. Stilley

**Women’s Swimming:** Layne Brodie, Danielle Jansen, Rebecca Kane, Katie Keel, Ashley Miller, Jenna Moore, Marie Pescereta, Katie Rechsteiner, Sarah Tanner

**Men’s Tennis:** William Parker

**Women’s Tennis:** Zoe De Bruycker, Shinin Featherston, Lauren McHale

**Men’s Indoor Track & Field:** Adam Cunningham, Parker Smith, Mateo Sossah

**Women’s Indoor Track & Field:** Ashley Verplank

**Men’s Outdoor Track & Field:** Jeremy Gerlach, Chadd Pierce, Parker Smith

**Women’s Outdoor Track & Field:** Danielle Brock, Gabby Gioia, Christine Johnson, Ashley Verplank

**Volleyball:** Shelbey Bleke, Courtney Johnston

**Wrestling:** Daniel Helena

Happy Birthday in July to:

- C. D. Mock Wrestling July 1
- Carrie
- Rubertino-Shearer Sports Medicine July 2
- Dominic Morelli Football Office July 3
- Tom Sander Women’s Soccer July 4
- Nicole Fava Sports Medicine July 6
- Sara Koenig Olympic Sports July 6
- Joe Haydon Football Office July 7
- Jeff Spang Sports Medicine July 9
- Jeffrey Camarati Athletic Communications July 11
- Mark Nusbaum Finley Golf Course July 13
- Dana Gelin Athletic Communications July 14
- Diane Aldridge Rams Club July 16
- Michael Wilkinson Finley Golf Course July 18
- Sarah Humphries Sports Marketing July 19
- Steve Kirschner Athletic Communications July 21
- Butch Williams Outdoor Facilities July 23
- Don Hill Men’s Golf July 24
- Martina Ballen Business Office July 25
- Velvet Catoe Rams Club July 27
- Andrew Calder Women’s Basketball July 27
- Scott Trulock Sports Medicine July 27
- Tracy Harris Director’s Office July 28
- Tommy Woody Outdoor Facilities July 28
- Stephen Frazier Wong Rowing July 28
- Ed Pryski Sports Medicine July 29

The EWAC birthday fairies outdid themselves for Kathy Griggs’ big day last month. This photo was taken the day after the decorations went up, when they’d already been toned down a bit but still looked completely festive. Tip of the hat to the decorators, and Happy Birthday, Kathy!